

### Other ways to say...



#### desolate

Feeling completely alone in your sadness, as if in an empty, barren place with no comfort

#### devastated

Completely broken with sadness, when something happens that ruins everything

#### heartbroken

Feeling sadness that hurts inside your chest from losing someone or something you love

#### anguished

Feeling both extreme sadness and pain at the same time, making you want to cry out

## "very sad"

### despondent

So sad that you've lost all hope and can't see anything positive ahead

#### melancholy

A quiet, thoughtful kind of sadness that can sometimes feel almost peaceful

#### forlorn

Feeling abandoned, lonely, and sad all at once, like you've been left behind

### grief-stricken

Overwhelmed by intense sadness, usually after someone dies or after a major loss





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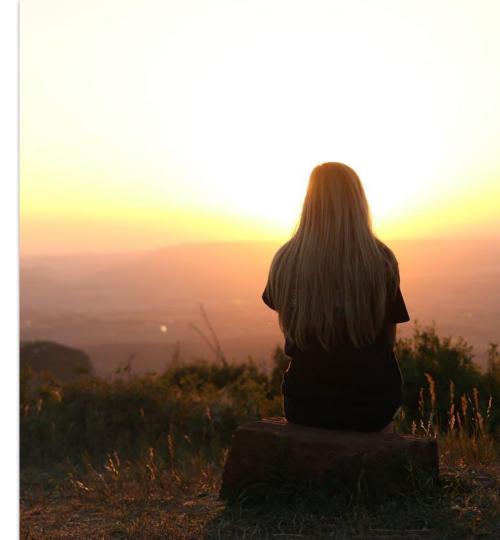
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